



Warwickshire
Health and
Wellbeing
Board

Annual Review 2018/19
Development and Delivery Plan 2019/20





Chair's Introduction

This annual review celebrates a range of achievements from across the health and care system in Warwickshire. We have come to the end of our Health and Wellbeing Strategy for 2014-18 and we have seen significant changes in the health and care sector both within Warwickshire and nationally, and will continue to do so. The Health and Wellbeing Board and Executive Group have risen to the challenges by working closely with partners, having a greater focus on prevention, and developing a clearer understanding of the needs of our local communities. The joint Place Forum with Coventry is also helping us work together to meet the system-wide challenges. The refreshed Concordat and system design show the commitment of partners to work together and put people and communities at the heart of everything we do. The Year of Wellbeing 2019 across Coventry and Warwickshire demonstrates this commitment.

This review celebrates the achievements made in 2018/19 and also presents the focus for work in 2019/20. We will continue to build on the good work to date, with a strengthened commitment to increase the delivery of improvements to our communities. It is important we keep focused on priority areas so that people can really see a difference in services. In 2019/20 these will include: prioritising prevention to help people keep healthy; strengthening communities with a focus on

housing and early help for vulnerable children; working together to provide better services; and sharing responsibility to improve the health and wellbeing of our communities. 2019 will be an exciting year with the Year of Wellbeing to get people thinking about their own health and wellbeing, and encourage them to act early to safeguard their health and feel good about themselves. We will also progress our place-based approach to better understand local needs and deliver services in a more targeted way.

The Health and Wellbeing Strategy was refreshed in January 2019 to provide a clearer focus on key priorities and to align with other activities in the health and wellbeing system. It is now linked to the work of the joint Place Forum with greater integration and a common set of principles; the Year of Wellbeing and a focus on prevention; and the move towards Integrated Care Systems. Joining up these important areas presents a huge opportunity as we move forward towards 2020.

These are exciting times and we will strive to further reduce health inequalities and strengthen our communities to improve health and wellbeing across Warwickshire. As a Health & Wellbeing Board we have an important role in leading and shaping this agenda.



Cllr Les Caborn
Chair of the Warwickshire Health and Wellbeing Board



How this document works

The Health and Wellbeing Strategy 2018–20 outlines the three priorities of:

- Promoting independence
- Building community resilience
- Integrating and working together.

These priorities are supported by 10 outcomes to improve health and wellbeing in Warwickshire, click on the strategy below for details.

This Annual Review highlights the achievements of last year, and also sets the focus for 2019-20.



Our Annual Review 18/19

Our annual review highlights the achievements of HWB partners in delivering outcomes, with particular focus on the 18/19 work programme.



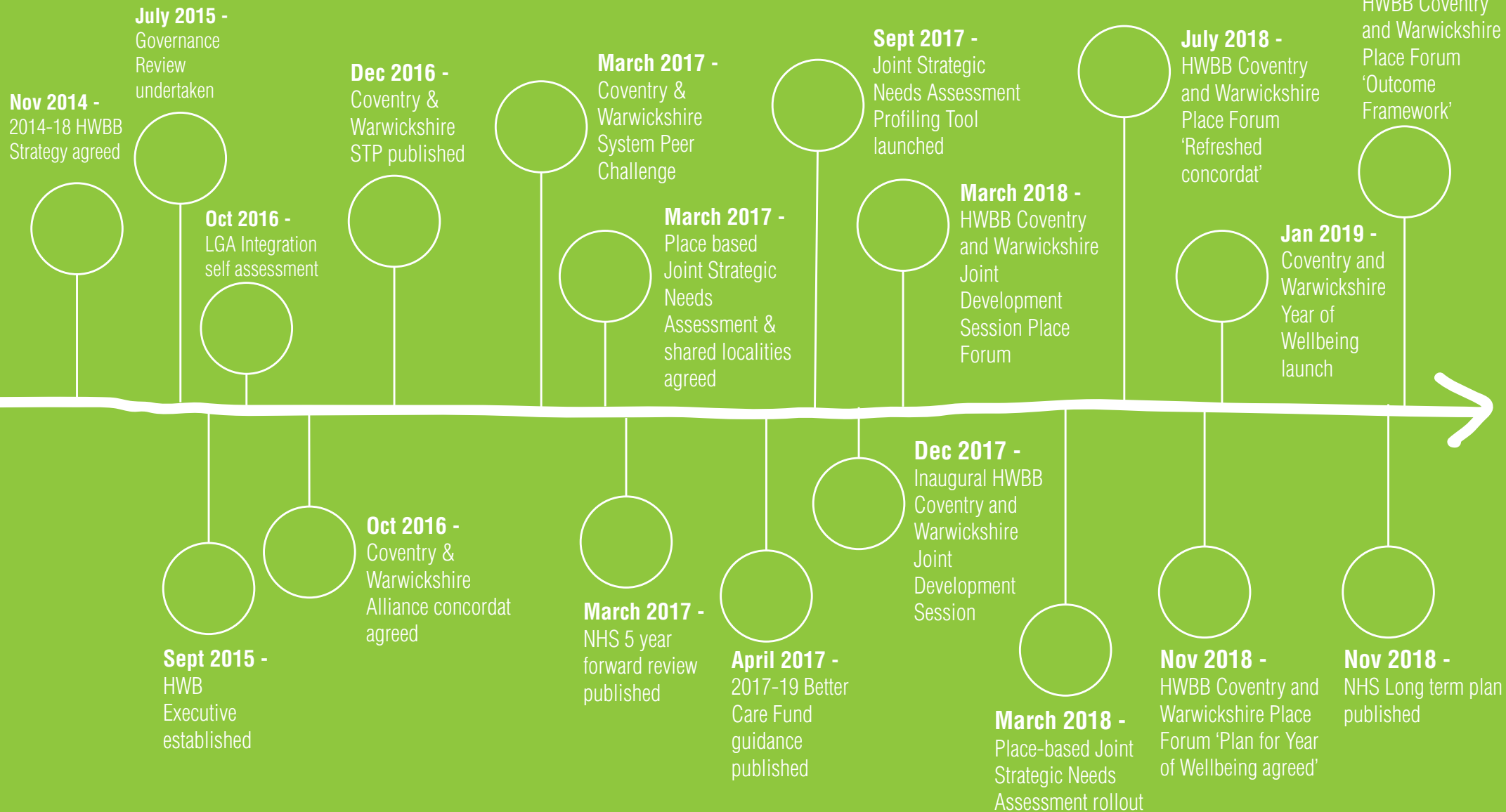
Our Delivery & Development Plan 19/20

The Health and Wellbeing Board (HWBB) has a strategic role but needs to be assured of delivery of outcomes. The Delivery Plan focuses on the priority areas for 19/20 as well as the statutory duties of the Board and areas of regular reporting.





Our journey so far





What we have achieved in 2018/19?

Area of Focus 1- Making prevention everyone's business

- Joint Place Forum with Coventry refreshed the Concordat and created a System Design to show the commitment of partners to work together and put people and communities first. Year of Wellbeing began in January 2019 to inspire people to improve their health and wellbeing, with aims to increase child physical activity, improve workplace wellbeing, and reduce loneliness and social isolation
- Range of activities promoted by Borough and District Councils including Walking for Health - Warwick District Council (WDC) delivered 6 weekly walks aimed at those who have not walked for along time or/and suffer from a health condition. North Warwickshire Cycleway was reinvigorated to encourage people to get on their bikes. Weekly Women's Group at the Sydni Centre provided activities to help improve confidence, learn new skills and offering a safe environment to come together and talk. 206 Rugby young people and their families completed a 9 week Family Lifestyle Programme. Also 8000 young people involved in community play ranger sessions and 9000 people in 'On Track' sport and physical activity sessions. Engaging with Rugby residents facing poor health due to social isolation and loneliness by promoting new community activities
- WDC frontline staff trained to signpost veterans and their families or carers visiting to extra support if needed.
- Heart Shield project with Warwickshire Fire and Rescue Service delivered training in emergency life support skills and healthy heart messages to nearly 5000 children in 15 secondary schools
- Warwickshire Public Health worked with CCGs, GPs, practice nurses, secondary care clinicians and community groups to increase bowel and cervical cancer screening uptake, with events to promote the benefits, and support for GP practices to improve access to tests
- Support provided for young people on sexual health and contraception at Health Store in Nuneaton through successful partnership working. Approach now extended to Atherstone, and work recognised as national good practice with teenage pregnancy rates reducing
- Improved support for those with Dementia with nearly 25,000 Dementia Friends trained in Warwickshire; Dementia Friendly Communities e-learning developed and over 700 people trained; events to share ideas and experiences, engage with support organisations and participate in a range of activities; setting up the Warwick District Dementia Network to help improve the support; and 'Love to Move' programme led to improvements in cognitive function, coordination and carrying out daily activities more independently
- Mental Health First Aid training for community development workers and early years practitioners.
- Health & Wellbeing Champions (staff volunteers) trained across health and care organisations, and Make Every Contact Count (MECC) training to help staff signpost customers to other agencies for support
- Free flu vaccinations provided to frontline staff and the homeless
- Project started to strengthen prevention, early intervention and self-care across Warwickshire including social prescribing, health and wellbeing champions and digital access

What's next in 2019/20?
Year of Wellbeing 2019 across Coventry and Warwickshire Prevention, Early Intervention and Self Care project



What we have achieved in 2018/19?

Area of Focus 2 - Improving Housing and Wellbeing

- Housing Partnership Board helped agencies to work together to give advice, resolve queries, and support quicker hospital discharges
- Preventing Homelessness Conference held to look at the impact of housing on health and countywide homelessness challenges, including the effect of welfare reform on tenancies. Countywide Strategy now being developed with partners to help reduce homelessness
- New Hostel set up in Leamington led by WDC and Street Outreach service provided with local Mental Health Trust
- HEART (Home Environment Assessment Response Team) supported customers to remain in their homes by providing adaptations and access to grants. Two new posts introduced in hospitals to improve links to housing
- New community building at Brownsover, Rugby to support communities with adjoining GP surgery
- Preventing Homelessness Improving Lives (PHIL) project prevented 25 cases of homelessness in the Rugby area

*What's next?
Housing Partnership Board work programme and Homelessness Strategy*

Area of Focus 3 - Early help for vulnerable children

- Family Information Service (FIS) provided information, advice and 1:1 service supporting families and professionals working with families on areas such as finance, housing, family relationships, Special Educational Needs and Disability (SEND), parenting support and childcare. In 2018 FIS responded to 1130 telephone enquiries and 664 e-mail enquiries, attended 646 outreach events, presented to 1762 people, talked to 3600 people individually, and dealt with 159 individual enquiries. The FIS Brokerage team also gave 1:1 support to 712 families in 2018 to help access services
- Parent-Infant Mental Health - 5-year Warwickshire and Coventry Parent-Infant Mental Health & Wellbeing plan developed to help improve mental health and well-being
- outcomes for children with support in the first 1001 Critical Days (conception up to 2 years of age). Health visitor champions trained in video interactive guidance to help strengthen relationships between parents and their infants, particularly those struggling to cope, and peer support for new parents experiencing mental health challenges
- Child Sexual Exploitation (CSE) training and awareness for frontline health professionals to improve the identification and management of CSE
- Support for families by district and borough councils and third sector on budgeting, debt counselling and life skills. The Breakthrough Programme, supported by a multi agency team led by Bedworth, Rugby and Nuneaton and
- Bedworth Citizens Advice Bureau, helped over 500 out of work people tackle financial barriers to gaining and sustaining employment, accessing education, and training
- Support for carers - Nuneaton and Borough Council working with local organisations to develop support networks for carers of all ages. Health checks provided for young carers
- Early Help Strategy agreed with partners, and Children's Champions in place

*What's next?
New broader service offer at Children and Family Centres*





What we have achieved in 2018/19?

Area of Focus 4 - Integration and colocation of services

- Out of Hospital programme led by South Warwickshire NHS Foundation Trust (SWFT) began in April 2018 is providing services in the community and reducing pressure on A&E. Includes occupational therapy, community emergency response teams, dietetics, specialist palliative care community nursing, physiotherapy and podiatry. Place-based teams in Alcester and Leamington helping to improve end of life care, frailty and diabetes
- Successful pilot at Queensway Court, Leamington provided enhanced care for patients, with reduced hospital attendances and positive feedback, in collaboration with SWFT,

Queensway Court (staff and residents), GP practices and Warwickshire County Council

- Increased access to GP services at weekends and evening in South Warwickshire
- Warwickshire Fire & Rescue Service started transporting people from hospital to home and to support them on arrival, with 300 trips provided to date
- HomeFirst provided more joined up approach to reablement and intermediate care services, for those who have experienced an unexpected change in health

- District and Borough councils worked in partnership with the voluntary and community sector on a range of prevention activities e.g. North Warwickshire Borough Council's Big Day out events encouraged over 4000 people to get into local green spaces with stalls and activities from local groups, businesses and organisations. Network of community hubs based across Warwick working in partnership and collaboration on a number of projects including Social Prescribing in Warwick Town

*What's next?
Regular updates on
Out of Hospital
programme*

Area of Focus 5 - Adding value to acute service design

- Support for patients provided through 'social prescribing' at GPs and in hospitals
- Maternity system improvements underway with work on family hubs, and 'Savings Babies Lives' initiative at all three maternity units
- Diabetes Prevention Programme supported people at risk of developing Type 2 diabetes. Group sessions and 1:1s sessions delivered by health and wellbeing coaches on how to prevent diabetes by healthier eating, physical activity,

problem-solving, stress-reduction and coping skills. For more information see:

icshealth.co.uk/our-services/diabetes-prevention/

- Mental Health - Developments in 2018 included:
 - Development of two safe haven sites for people experiencing or at risk of a mental health crisis
 - Creative Health Alliance - to improve the availability and promotion of arts and cultural activities to improve health and wellbeing

- Parent-infant mental health & wellbeing - a multi-agency Steering Group delivering a parent infant mental health & wellbeing strategic plan, together with parents with lived experience of perinatal mental health issues

- Suicide prevention - Coventry and Warwickshire suicide prevention boards are delivering shared objectives in suicide prevention plans

*What's next?
Regular updates
on BHBCBV and
Out of Hospital
programmes*





What we have achieved in 2018/19? Delivering our Statutory Duties

Place based Joint Strategic Needs Assessment (JSNA)

- The JSNA provides a valuable insight into the needs of our communities and the services we deliver. In 2018 we introduced a 'place-based' approach following a pilot in Atherstone to better understand health needs and inform the commissioning of services at a local level
- In 2018 needs assessment were carried out in North Warwickshire, Central Nuneaton, Rugby Town North, South Leamington, and Alcester, and reports can be found here <http://hwb.warwickshire.gov.uk/jsna-place-based-approach/>
- Recommendations are being taken forward and projects supported through Health and Wellbeing Partnerships
- South Warwickshire Health and Wellbeing Partnership awarded £79K to 10 projects to improve mental wellbeing including training of young people in mental health first aid and ambassador training,

increasing counselling provision, and providing peer group support for parents and individuals facing mental health challenges. Also projects to support people living with dementia and their carers, encourage physical activity through connecting with the natural environment and developing sporting achievements, encourage people to participate in creative activities to promote wellbeing, and provide support for families and children affected by disability

- Wave 2 of the JSNA has started in 6 more areas: Stratford upon Avon, Cubbington & Lillington/Warwick District East, Rugby & Hillmorton, Bilton & Rugby Town Centre, Bedworth West, Bedworth Central & Bulkington

What's next?
Delivery of
Waves 2 and 3
of JSNA





What we have achieved in 2018/19? Delivering our Statutory Duties

Pharmaceutical Needs Assessment (PNA)

- The Pharmaceutical Needs Assessment (PNA) looks at the pharmaceutical services provided in Warwickshire, including dispensing of prescriptions by community pharmacies, dispensing GPs and other providers, and other services available from community pharmacies. The last assessment reported in 2018 showed pharmacy provision was sufficient, but there were local variations. A Pharmacy Steering Group has now been formed to progress the recommendations in the report

What's next?
*Pharmacy
Steering Group
to report on
progress to
HWB Board*

Endorsing commissioning intentions

- The Commissioning Intentions of the Clinical Commissioning Groups (CCGs), Adult Services and Public Health were endorsed by the Health and Wellbeing Board in September 2018. They presented a more joined-up approach and a greater focus on prevention

What's next?
*HWB endorse
Commissioning
Intentions Sept
2019*





What we have achieved in 2018/19?

Regular Reporting Areas

Better Health, Better Care, Better Value programme

The Better Health, Better Care, Better Value programme is overseen by the Sustainability and Transformation Partnership (STP) for Coventry and Warwickshire. It is working on the following areas:

- Proactive and Preventative Care – making prevention the ‘first chapter’ of all change programmes, developing community capacity, and launching a Year of Wellbeing
- Maternity and paediatric services
- Mental health and emotional wellbeing
- Planned care
- Urgent and emergency care
- Productivity and efficiency
- Enabling projects, including estates, digital transformation, and workforce

The STP has a new independent Chair, Sir Chris Ham, and the plan is being refreshed. During 2019/20 partners will work towards the development of an Integrated Care System across Warwickshire and Coventry. This is a partnership of NHS organisations, local authorities, third sector and other partners working together to plan and commission care to improve health and wellbeing, including: tackling key challenges facing the care system; integrating services to focus on those most at risk of developing acute illness; and providing more community based services in partnership with social care, the voluntary and community sector. The local Health and Wellbeing Partnerships of Warwickshire North, Rugby and South Warwickshire will play a vital role in delivering the health and wellbeing strategy to meet the needs of local people, with a greater focus on prevention, early intervention and self-care to help people stay healthier for longer.

What's next?
*Continued reporting
on BHBCBV, and
work towards an
Integrated Care
system*





What we have achieved in 2018/19? Regular Reporting Areas

Warwickshire Cares Better Together Programme

Warwickshire Carers Better Together Programme has achieved improved performance reducing delayed transfers of care from hospitals whilst seeing increasing numbers of admissions and acuity of patients. Health and social care staff across all seven acute and community sites, along with domiciliary (home care), residential and nursing home providers, and Warwickshire Fire and Rescue Service have and continue to work together to discharge patients safely.

The programme is also working to manage and reduce increasing levels of non-elective admissions through joint prevention activity and support in the community, such as through the Integrated Community Equipment and HEART services; reducing long term admissions to residential and nursing care through improved support for carers and dementia; as well as and improving the effectiveness of reablement services by combining with the use of leading-edge assistive technology to, for example, optimise hydration and medication to reduce falls.

In 2019/20 the Programme will continue to pilot and develop new opportunities to work together to reduce pressure on the NHS and social care. Particular areas of focus are: social prescribing, housing and residential and nursing care.

What's next?
*Continue reporting
on areas of focus in
2019-20*





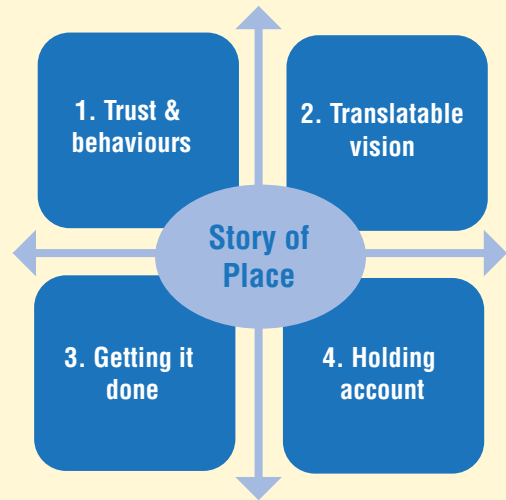
Working Together - Development Programme

In support of their role as system leaders, the Health and Wellbeing Board continues to invest in developing the conditions to enable effective partnership working. In 2018-19 it held joint development sessions with Coventry as the 'Place Forum', working together with a greater focus on prevention across Warwickshire and Coventry. It has produced a Warwickshire and Coventry Health and Care 'Place Plan', a refreshed Concordat, place system design, and provided a clear focus on prevention to improve health and wellbeing.

What's next?
Deliver Place Plan – including Year of Wellbeing, outcomes framework and engagement approach



 **Concordat**



 **Place Plan**

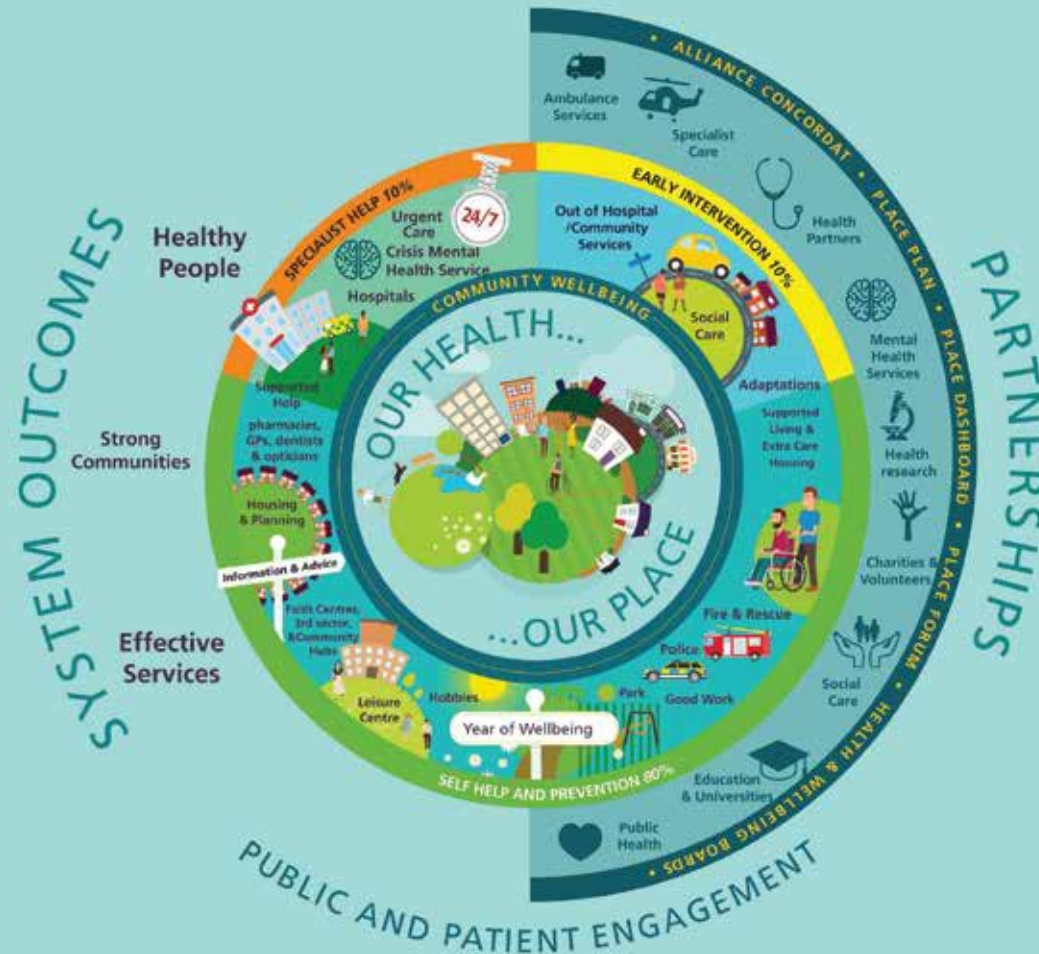


 **Year of Wellbeing**



Working together to achieve our priorities

COVENTRY & WARWICKSHIRE





The way forward...

The Health and Wellbeing Strategy has been refreshed for 2018-20. The strategic priorities are still important:

- Promoting Independence
- Building community resilience
- Integrating and working together



Plus a continued focus in 2019/20 on...

- Prioritising prevention
- Strengthening communities
- Coordinating services
- Sharing responsibility

Looking ahead - our work programme 2019/20




Areas of Focus

The Health and Wellbeing Board will focus on specific areas to support the wider strategic priorities. For 2019/20 these are:

-  **Prioritising prevention** – with the Year of Wellbeing 2019 across Warwickshire and Coventry
-  **Strengthening communities** – with a focus on improving housing with our District and Borough Councils and early help for vulnerable children
-  **Coordinating services** – working together to provide a better service to our customers, such as through the Out of Hospital Programme
-  **Sharing responsibility** – we will commit to working together to improve the health and wellbeing of our communities, and review our plans and progress each year in our annual review



Statutory duties

The HWB Board has a number of statutory duties. In 2019/20 these will include:

-  Delivery of the place based JSNA
-  Pharmaceutical Needs Assessment – Pharmacy Steering Group to oversee progress on recommendations made in March 2018
-  Endorsement of commissioning intentions, (CCG Public Health and Adult Social Care) in September 2019





Regular reporting

In addition to the areas of focus, the HWBB will receive regular updates on key programmes:

-  Better Health, Better Care, Better Value
-  Warwickshire Cares Better Together

Development programme

The HWBB will continue to work on developing conditions to support effective partnership working. Through the Place Forum we will continue to hold joint development sessions with the Coventry HWBB and deliver the 'Place Plan', with a greater focus on prevention. Activities for 2019/20 will include:

-  Delivering the Concordat and Year of Wellbeing
-  Developing a shared outcome framework
-  Refreshing the Communications Strategy
-  Working towards an Integrated Care System

**STOP PRESS –
HWB Strategy to
be refreshed in
2020**

Partners involved



Warwickshire North
Clinical Commissioning Group



South Warwickshire
Clinical Commissioning Group



George Eliot Hospital
NHS Trust



South Warwickshire
NHS Foundation Trust



Coventry and Rugby
Clinical Commissioning Group



University Hospitals
Coventry and Warwickshire
NHS Trust



Coventry and
Warwickshire Partnership
NHS Trust



North Warwickshire
Borough Council



Public Health
England



west midlands
police and crime
commissioner



Philip Secombe
Police and Crime
Commissioner
for Warwickshire

healthwatch
Warwickshire



Warwickshire
POLICE
Protecting our communities together





Glossary

A & E – Accident and Emergency

BHBCBV – Better Health, Better Care, Better Value

CAMHS – Child Adolescent Mental Health Services

CCG – Clinical Commissioning Group

DC – District Council

ICE – Integrated Care System

FIS – Family Information Service

GP – General Practitioner

HEART – Home Environment Assessment Response Team

JSNA – Joint Strategic Needs Assessment

LGA – Local Government Association

MASH – Multi Agency Safeguarding Hub

MECC – Make Every Contact Count

NHS – National Health Service

P.H.I.L – Preventing Homelessness Improving Lives

PNA – Pharmaceutical Needs Assessment

STP – Sustainability and Transformation Partnership

SEND – Special Educational Needs and Disability

SWFT – South Warwickshire Foundation Trust

WDC – Warwick District Council

